501 Live Oak Street, New Smyrna Beach, FL 32168 • phone 386-427-0390 • fax 386-427-0394 <a href="https://www.gastrocenterofnewsmyrnabeach.com">www.gastrocenterofnewsmyrnabeach.com</a>

## ESOPHAGOGASTRODUODENOSCOPY (Preparation)

You must be accompanied by a driver who will register with you, wait with you during your procedure and drive you home. **Your procedure will be canceled if you have not arranged for this.** IF YOU NEED TO CANCEL OR RESCHEDULE YOUR PROCEDURE, PLEASE CALL 386.427.0390.

## DAY BEFORE THE PROCEDURE

- Do NOT eat or drink anything after midnight.
- NO Alcohol.

## **DAY OF THE PROCEDURE**

- Do not chew gum or mints prior to your procedure.
- If you are an insulin-dependent diabetic take **1/2** your normal dosage of insulin the morning of your procedure. If you are not insulin-dependent and take oral medication only, please do not take your oral medication until after your procedure.
- Please **DO** take any blood pressure, seizure, or heart medications, with a small sip of water the morning of your procedure.
- You must not eat or drink anything until after your procedure.
- \*\* Please bring a list of your medications with you on the day of your procedure. \*\*