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CAPSULE ENDOSCOPY (Preparation)

IF YOU NEED TO CANCEL OR RESCHEDULE, PLEASE CALL 386.427.0390.

DAY BEFORE THE PROCEDURE

All Patients: **Starting at 3pm** the day before your procedure, you should only have a “clear liquid diet”. A “clear liquid” means that you can see through it. Solid food, milk, and milk products are NOT allowed. NO alcohol. All items consumed need to be clear, yellow, orange, or green. NOTHING RED, BLUE, OR PURPLE.

Clear liquids include:

- Water, or sodas – 7-Up, Sprite, cola, ginger ale
- Strained fruit juices, without pulp – Apple, White Grape, Lemonade
- Clear broth or bouillons
- Coffee or tea – **without milk or non-dairy creamer**
- Gatorade, Kool-Aid, or other fruit-flavored drinks – not red, blue, or purple
- Ice popsicles, or Plain Jell-O without added fruit or topping – not red, blue, or purple

DULCOLAX & MAGNESIUM CITRATE PREP- DAY BEFORE THE PROCEDURE

Dulcolax and Magnesium Citrate can be purchased over the counter, no prescription is required.

- **5:00 PM:** Drink ½ of a bottle of Magnesium Citrate
- **7:00 PM:** Take two (2) Dulcolax laxative tablets with a glass of water.
- Only clear liquids until midnight, and nothing to eat or drink after midnight.

*** Please bring a list of your medications with you on the day of your procedure. ***